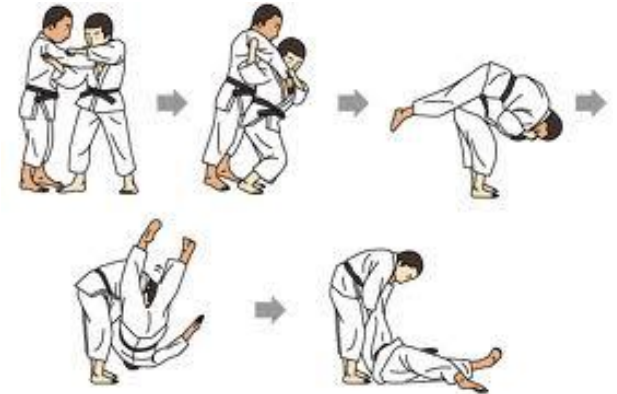


# Ippon – Seoi – Nage

## One Armed – Shoulder – Throw

IPPON-SEOI-NAGE



Ippon-Seoi-Nage

